



The ability to swim is considered by many as one of the most important skills there is to learn. Swimming is useful for a number of activities, but vitally for saving lives. The Scout Association appreciates the value of young people swimming so have introduced a staged badge to reflect a scout's ability to swim.

Swimming Stage 2 - Badge Requirements

Like all badges, the swimming badge has a number of requirements which have to be met in order to earn it. The badge consists of 7 tasks which are broken down into 25 points. A scout is required to earn at least 21 points in order to earn the badge.

	Task	Requirement	Pts
1	Safety	Know the key safety rules and where it is safe to swim locally	3
2	Entering Pool	Without using steps, demonstrate a controlled entry into a minimum of 1.5 metre of water	1
		Without using steps, demonstrate a controlled dive into a minimum of 1.5 metres of water	1
3	Short Swim	Swim 10 metres on their back	1
		Swim 10 metres on their back, using legs only	2
4	Tread Water	Tread water for 1½ minutes in a vertical position	2
		Tread water for 3 minutes in a vertical position	3
5	Water Skills	Mushroom float in the water for 10 seconds	2
		Demonstrate the ability to touch the bottom of the pool with both hands in chest deep water	1
		Perform a 5 metre push and glide on your front	2
		Perform a push and glide on your back	1
6	Distance Swimming	Swim 50 metres without stopping	2
		Swim 100 metres without stopping	2
7	Swimming Activity	Take part in a swimming activity with their section / age group	2

In order to complete this badge a scout must either display these skills to a qualified pool/swimming instructor (*including those used by schools*), or invite a leader along and have them sign the form of completion. Once this has been done, the scout will receive their Stage 2 Swimming Badge and be given the requirements for Stage 3.

Many thanks,

Simon K Gates,
12th, 18th & 26th Cambridge Beavers

